



Dedicated to the Prevention and Control of Hypertension Globally  
**World Hypertension League**

In official relations with the *International Society of Hypertension* and *World Health Organization*

May 17, 2022  
For immediate release

## Accuracy in BP Measurement and Effective Hypertension Control Promoted on World Hypertension Day, May 17<sup>th</sup>

Thank you for participating in World Hypertension Day 2022!

[Measure Your Blood Pressure Accurately, Control It, Live Longer](#) is this year's theme to increase high blood pressure (BP) awareness, and especially accuracy in BP Measurement, toward effective treatment of hypertension for a healthy, longer life. Raised blood pressure is the biggest single contributing risk factor to global health.

We are happy to announce our [WHL 2022 Excellence Award Winners](#) on World Hypertension Day, for their stellar contributions to Global Hypertension Prevention and Control.

Additionally, [the results of the Children's Art Program](#) have been posted on the WHL website, dedicated this year in memory of Dr. Edward J. Rocella for his role in the WHL Children's Art Program. Thank you to all the children and their sponsors from around the world for such great artwork highlighting hypertension prevention and awareness in youth.

Thank you to our partners for the many joint statements of support issued on WHD and for the numerous outreach events!

We would like to draw your attention to several hypertension educational resources, as we continue together toward our goal of global prevention and control of hypertension:

- [Free Blood Pressure Measurement Certification Course](#)
- [HEARTS in the Americas](#) Pan American Journal of Public Health
- [WHO Guidelines for the Pharmacological Treatment of Hypertension in Adults](#)
- The World Hypertension League, Resolve to Save Lives, International Society of Hypertension [Global Call to Action on Dietary Sodium](#) (*Journal of Human Hypertension* (in press))
- Guidance on the methodology and technology for accurate blood pressure evaluation via the [STRIDE BP program](#) and [Online Tool](#) for checking the validation status of blood pressure monitors in several languages
- The [Accuracy in Measurement of Blood Pressure \(AIM-BP\)](#) collaborative
- The [Resolve to Save Lives Salt Reduction Framework](#) and [Under Pressure – Strategies to improve access to medicines to treat high blood pressure in low- and middle-income countries](#)
- The [Emerging Authors Program for Global Cardiovascular Disease Research](#) (EAP)
- The World Hypertension League [Hypertension Call to Action in Africa](#) (*Hypertension* (in press))
- [Quarterly WHL Newsletter](#) (to subscribe [click here](#))